



**MediChoice Insurance Agency**  
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## **Words of wisdom from James and Joe at MediChoice Insurance Agency**

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Here at MediChoice Insurance Agency we wanted to send you a wow sheet which is a “at a glance” of the perks and important information about your plan. Remember we are in the office year-round for your customer service needs. If you have claim issues, questions, or concerns, please give **us a call 1<sup>st</sup>**.

#### **Important dates:**

*Annual Election Period (AEP) is October 15<sup>th</sup> – Dec 7<sup>th</sup>*

\*Remember you are on a **supplement** plan and that means when you go to the doctor you always give them your **Medicare** card **1<sup>st</sup>** and your **BCBS ID** card **2<sup>nd</sup>**. They must bill Medicare before BCBS will pay on it\*

#### **Below is the info for 2022**

##### **Fitness: Silver Sneakers**

Silver Sneakers is a health and fitness program designed for people with Medicare. It is included at no additional cost for most Medica Advantage members. You can use your BCBS ID card at any Silver Sneakers location. To find out more and what fitness centers participate you can go to [www.Silversneakers.com](http://www.Silversneakers.com) or call **1-833-226-1271**.

##### **In Network Doctors:**

You can see any provider nationwide that accepts the Medicare assignment. The Medicare assignment is accepted nationwide by most providers. You can always call and check with us if you have questions.

##### **Other Benefits: Nurse line**

Talk to a nurse 24 hours a day, seven days a week to help you get answers to your health questions. **1-800-622-9524**.

##### **Online Care: Doctor on Demand**

See a doctor right on your smartphone, tablet or computer from providers that offer telehealth and online care, including services like Doctor on Demand. Call the number on the back of your card or visit [Doctorondemand.com/bluecrossmn](http://Doctorondemand.com/bluecrossmn) for more information.

**Support:** Quitting tobacco

Personalized guidance for developing a quit plan and ongoing support from a wellness coach. Available Monday through Thursday 8am to 8pm and Friday 8am to 6pm. Call [1-888-662-2583](tel:1-888-662-2583) or login at [bluecrossmnonline.com](http://bluecrossmnonline.com) to get more into.

**Travel:** Coverage when you travel

Travel anywhere in the U.S. and get in-network benefits when you see a provider that accepts the Medicare assignment. No matter where you are emergency services are always covered. Some cost sharing may apply.

**Vaccinations:**

The only Vaccinations that are covered 100% by Medicare are the Flu and Pneumonia shots. Vaccines such as shingles, tetanus, whooping cough, etc. can be subject to deductibles and co-pays. These Vaccines work toward part D of Medicare and will be less expensive to get at a pharmacy vs a Doctor's office, because you would be responsible for the administration of them at a doctor's office. If you have questions, please call our office we are happy to help.

**Wellness Discount Marketplace:** Blue 365

Blue 365 offers premier health and wellness discounts and its free to join. It will help you achieve the lifestyle you desire through an extensive array of discounts, healthy tips, and inspirational stories from fellow Blue 365 members. Blue 365 provides hand-picked deals, better discounts, and exclusive offers. Deals / Discounts include apparel & Footwear, Fitness, Hearing & Vision, Home & Family, Nutrition, Personal care, and travel. This benefit is online only. To get started go to [blue365deals.com](http://blue365deals.com). You can call our office for more information on how to get started [952-367-6350](tel:952-367-6350).

*We wanted to say thank you for trusting us with your Medicare needs. We appreciate your business and all the referrals you have sent us and continue to send us. Referrals is how we are able to build our business and be able to continue to serve you for years to come. Thank you!! Remember we are here in office year-round to assist you 😊*

**James Romeo**  
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Owner of MediChoice

**Joe Romeo**  
Retired Agent  
Owner of MediChoice

**Teresa Johnson**  
Agent  
Office Manager

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