



MediChoice Insurance Agency

5775 Wayzata Blvd Suite 700

St. Louis Park, MN 55416

Phone # 952.367.6350

Admin@MediChoiceInsurance.com

# Humana

## Words of Wisdom from James and Joe at MediChoice Insurance Agency

Here at MediChoice Insurance Agency we wanted to send you a wow sheet which is a "at a glance" of the perks and important information about your plan. Remember we are in the office year-round for your customer service needs. If you have claim issues, questions, or concerns, please give us a call 1<sup>st</sup>.

### Important dates:

Annual Election Period (AEP) is October 15<sup>th</sup> – Dec 7<sup>th</sup>

\*Below is the info for 2022\*

### Dental: Routine Dental

There are some basic and major dental procedures also included on your PPO plan with restrictions and limitations. If you would like a full list of everything your plan offers, call us here @ MediChoice **952-367-6350** or email us @ [Admin@MediChoiceInsurance.com](mailto:Admin@MediChoiceInsurance.com)

### Hearing: Tru Hearing

Your Humana plan does include a no cost exam and discount prices for hearing aids. You can also get hearing aid discounts through Tru Hearing. Call TruHearing at **1-844-255-7144** to learn more and schedule an appointment. **\*For hearing aid benefits you must see a Tru Hearing Provider\***

### In Network Doctors:

Go to [www.Humana.com/findadoctor/findadoctor](http://www.Humana.com/findadoctor/findadoctor). Go to the Member Resources tab and click on find a doctor. You can search for Medical, Dental, Vision and pharmacies under that tab. You can either enter in all the information for your plan or enter your Humana ID and it will auto fill the information for you.

### Meal Program: WellDine

After an inpatient hospital stay you can qualify for the meals to be delivered to your home. To find out if you qualify ask your case worker at the hospital to call **877-402-1030** once you receive your discharge date.

**Travel:** As a member of a Humana PPO, you have the benefit to use Humana's network of providers across the US. You pay your in-network or coinsurance when you visit participating providers. Visit [Humana.com](http://Humana.com), Call the # on the back of your card or call us at **952-367-6350** and we can help you find a provider when traveling.

**Mail Order:** Pharmacy Save time. Save money. Worry less with Humana's mail order pharmacy. Many Humana Medicare Advantage plans offer \$0 co pays on Tier 1 and Tier 2 medications when you order a 90-day supply at Humana Pharmacy. Go online at [www.HumanaPharmacy.com](http://www.HumanaPharmacy.com) or call **855-310-5799** to get started or learn more about it. **\*Tip have all your medications and Humana Member ID in front of you before you call\***

**Other Benefits:** Go 365

Get rewarded for making healthy choices. You can earn up to \$300.00\* in rewards (gift cards) For completing eligible healthy activities. many of which you may already be doing such as exercises, volunteering, or preventive screenings. Visit [Go365.com](http://Go365.com) for more details. To participate by paper, call the # on the back of your Humana card.

**Over the Counter:**

Humana has an over-the-counter catalog that you can order from quarterly. There are 3 ways you can order. Go online at [Humanapharmacy.com](http://Humanapharmacy.com), do it straight from the Humana Mobile app or send in a physical order form to **P.O Box 1197 Cincinnati, OH 45201-1197**. See your summary of benefits for your allowance. OTC Helpline **855-211-8370**

**Fitness:** Silver Sneakers

Silver Sneakers is a health and fitness program designed for people with Medicare. Its included at no additional cost for most Humana Advantage members. You can use your Humana ID card at any Silver Sneakers location. To find out more and what fitness centers participate you can go to [www.Silversneakers.com](http://www.Silversneakers.com) or call **888-423-4632**.

**Vaccinations:**

The only Vaccinations that are covered 100% by Medicare are the Flu and Pneumonia shots. Vaccines such as shingles, tetanus, whooping cough, etc. can be subject to deductibles and co-pays. These Vaccines work toward part D of Medicare and will be less expensive to get it at a pharmacy vs a doctor’s office, because you would be responsible for the administration of the shot at a doctor’s office. If you have questions, please call our office we are happy to help.

**Vision:** Eye Med

\*The information below is for a **Routine** eye exam and **Refraction** test only. If you are going in for a medical condition use Humana’s network. \* If you want the lowest cost your plan offers go to an **Eye Med** “IN network” clinic.\* If you go to an OUT of network clinic you will have to submit all the paperwork to Eye Med yourself and will only get up to \$75 back for the routine exam and refraction. **\*bills can be up to \$500 + out of network\*** Also, through **Eye Med** you can be reimbursed up to \$100 towards the purchase of contacts and glasses, to find an Eye-Med in-network clinic go to [www.Eyemed.com](http://www.Eyemed.com) and click on find an eye doctor. To get your Reimbursement form you call us, and we can send you out the form.

*We wanted to say thank you for trusting us with your Medicare needs. We appreciate your business and all the referrals you have sent us and continue to send us. Referrals is how we are able to build our business and be able to continue to serve you for years to come. Thank you!! Remember we are here in office year-round to assist you 😊*

**James Romeo**  
Agent  
Owner of MediChoice

**Joe Romeo**  
Retired Agent  
Owner of MediChoice

**Teresa Johnson**  
Agent  
Office Manager

**Kaisa Johnson**  
Agent  
Admin Assistant

**MediChoice**  
insurance agency

[www.MediChoiceInsurance.com](http://www.MediChoiceInsurance.com)  
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